

Essential Information

Camp Bornhoffen is right in the green, mountainous area called the Border Ranges. If you stay long enough to explore more than the many attractions of the camp itself, there's lots more to do just nearby. Lamington National Park, Natural Bridge National Park and Ships Stern (Turtle Rock) are just a hop, skip and a jump away.

Not much further are Springbrook Ranges, the Hinze Dam, Mt. Warning, Binna Burra and the warm, golden beaches of the Gold Coast and Northern New South Wales." P.C.Y.C.Q.

How to get there

From Brisbane

Drive south from Brisbane on the Pacific Highway. Approximately 7 or 8 kms after you

pass the Dreamworld, Movieworld and Wet and Wild complex, take the Nerang exit number 69. Turn immediately right over the highway, into and through Nerang (along Price St.). Drive for about a half to three-quarter hours on the Nerang-Murwillimbah Rd. Pass the turn-off for Natural Arch. Drive another 2.5 kms and you'll find Camp Bornhoffen on your right. If, by mistake, you reach the Queensland/New South Wales border post at the top of the valley, you will have gone about 1 km. too far.

It's about $110 \ \mathrm{kms}$ south of Brisbane and $40 \ \mathrm{kms}$ west of the Gold Coast.

What to bring

Single bed sheets, pillows, blankets or sleeping bags.

Some workshops include relaxing on the floor in a sitting or a lying position. Bring whatever you might need to make yourself comfortable for this. Perhaps a **thin portable mattress** or a **rug** to lie

on and a **blanket** (or your sleeping bag) to keep you warm. (The body temperature usually drops during relaxation exercises.)

Bring a **journal** and **pen** to record your imagery journeys and dreams or to take notes. Bring an **art pad** if you like to record events visually.

You might consider taking a **musical instrument**. Perhaps also a **favourite thing** or a **symbolic item** to enrich your weekend. Not necessarily to do anything with it, just to have it. How about your favourite **snacks**?

There are lots of walking opportunities from 10 minutes upwards. You might also want to visit the glow worm caves at natural arch. You will need a good pair of **boots** or walking shoes and a **torch**. Rain gear might come in handy.

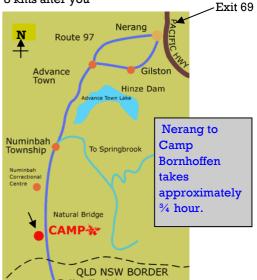
Arrival Time

Arrival time is from **5pm**. We understand that people may be late arriving due to work or other commitments. Do not stress about trying to arrive on time. We will keep some food for you if you are delayed.

Accommodation

Your room will be allocated. Check list on arrival. We should have enough space so that rooms are not full and you should probably have a double bunk to yourself.

Brisbane to exit 69, Nerang, takes approximately 1 hour or less.



Information

Cleaning

On Sunday morning (we suggest after breakfast), the PCYCQ caretakers ask that you tidy and sweep your cabin and shower-room and remove any rubbish to the rubbish bin outside the main hall. We would also be grateful for assistance in tidying up the main hall, the kitchen and any other areas we use.

Catering

Where possible, James will use organic produce. Where not organic, food ingredients will be as fresh as possible and of the highest quality. Tea and coffee will be available throughout the weekend. Meals from dinner on Friday up to and including lunch on Sunday will be included. We ask that you help by bringing your dirty plates etc. to the dishwasher room and place them in the trays. We will ask for volunteers (two after each meal) to run the dishwashing operation (not difficult) or to help briefly in the kitchen.

Contacting the Outside World

No internet or email access is available. Most mobile phones seem to work ok. You might have to go outside to get good reception.

If you need to be contacted urgently during the weekend, Frank on 0403 910 145 or the camp caretaker on duty at 0407 620 042 may be contacted.

There is a small village, Chillingham, just a 20 minute drive south on the NSW side of the border. There is a café open during the day near Natural Arch, 2.5 kms towards Nerang.

Address List

After the Festival, a list of attenders' names and email addresses will be sent to you so that people can contact each other afterwards if they wish. If you do not want your details on the list, please let Frank or Anne know.

Payment

If you have not yet paid in full, it would be helpful if you could pay before getting to the festival.

You can pay online or by cheque in the mail. If you cannot manage this, then it is ok to pay the balance on arrival.

We hope you will thoroughly enjoy the Festival and we look forward to seeing you there.

Best Wishes, Frank